



### TO SET COUNTDOWN TIMER

1. Press 0 to 9 enter desired countdown time.  
TIMER appears on the display.  
Example: To set 2 hours, 59 minutes, 59 seconds; press 2, 5, 9, 5, 9.  
To set 60 minutes, 30 seconds; press 6, 0, 3, 0.
2. Press START/STOP to start countdown.  
To pause timing, press START/STOP to stop.  
Pressing START/STOP again will resume timing.
3. Timer alarm beeps for 1 minute when timing reaches 0:00:00 and digits count up and flash to show elapsed time since alarm.
4. Last countdown time memory.  
Press START/STOP to stop alarm and last countdown time will be recalled and show on display.
5. CLEAR, Press CLEAR to reset time to 0:00:00.

### TO USE STOPWATCH

1. Reset the timer to 0:00:00, press START/STOP to start count-up. TIMER will appear on display.
2. Press START/STOP to start counting up in SECONDS.  
To pause timing, press START/STOP to stop.  
Pressing START/STOP again will resume timing.
3. Press CLEAR to reset digits to 0:00:00 when COUNT-UP stops.
4. Display will flash when COUNT-UP timer reaches 9 hr, 59 min, 59 sec.

### ALARM MODE

On the back of the unit, locate the "BEEP/VIBRATOR" switch. Slide the switch to the desired alarm mode.

## BATTERY REPLACEMENT

An incorrect display, no display or operational difficulties indicate that the batteries should be replaced. Slide open the battery cover on the back of the timer. Remove the exhausted batteries and insert a new AAA batteries. Replace the battery cover.

## WARRANTY, SERVICE, OR CALIBRATION

For warranty, service, or calibration contact:

### **CONTROL COMPANY**

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Control Company is ISO 9001 Quality-Certified by DNV and  
ISO 17025 accredited as a Calibration Laboratory by A2LA

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# **TRACEABLE® VIBRATING TIMER INSTRUCTIONS**